

Oak Hill Youth Field Hockey 2009



*We are looking
for girls like
you!*

*Do you live in
Sabattus, Wales or
Litchfield? If so we
want you!*

*The field hockey
program is expanding
and we are looking
for girls who want to
have a great time
being part of a great
team. Our teams
range in age from
Kindergarten through*

*8th grade, so come
join the fun!*

*If you are undecided about
the sport we will be offering
a free clinic where you can
try it out. We supply all you
will need. This clinic is
held in late July or early
August. Please see the
Sabattus Rec website for
more information.*

www.sabattusrec.com

*Field Hockey Rocks!
Grade Breakdowns:*

*K-2: is developmental of
skills and they will have*

practice once a week and a scrimmage when available.

3-5 (Travel League): This group practices twice a week & has a game schedule.

Games will be either Saturday or Sunday. This level is working on more advanced developmental skills and the fundamentals of the game.

6-8 (Middle School League):

Preseason will have practice 4 times a week @ 2 hours each practice. During the season they will have practice everyday there is no game. They will have a full 12 game schedule which will consist of away & home games. The games

will be during the week or on Saturdays.



For more information please contact.

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Free Clinics:

Dates to be announced please see the Sabattus Rec website for updates.

We will be posting many things at www.sabattusrec.com so please check us out regularly.

Also if you are interested in coaching please contact us as we would love to have you as an addition to our coaching group.

Field Hockey Rocks!

note "Field Hockey" on the envelope.

Field Hockey Registrations will be held:

June 6, 2009

And

June 20, 2009

Locations to be announced please see the Sabattus Rec website for updates. You can also download a registration and mail it to the Sabattus Recreation Club, please

