

Oak Hill Youth Field Hockey 2010

Do you live in Sabattus, Litchfield
or Wales? If so we want you!

The Field Hockey program is
expanding and we are looking for
girls who want to have a great
time being part of a great team.

Our teams range in age from
Kindergarten through 8th grade,
so come join the fun.

If you are undecided about the
sport we will be offering a free
clinic where you can try it out.
We supply all you will need. This
clinic will be held in late July.

Please see the Sabattus Rec
website for more information.

www.sabattusrec.com

Sabattus Rec Club

P.O Box 690
Sabattus, Maine 04280

www.sabattusrec.com



K-2 (Peanuts)

3-5 (Travel League)

6-8 (Middle School)

Grade Breakdown

K-2: This group will be taught skills. They will practice once a week and a scrimmage when available.

3-5 (Travel League): This group will practice twice a week & has a game schedule. Games will be either Saturday or Sunday. This level is working on more advanced skills and the fundamentals of the game.

6-8 (Middle School League) Preseason will have practice 4 times a week @ 2 hours each practice. During the season they will have practice every day there is no game. They will have a full game schedule which will consist of away & home games. The games will be during the week.



Field Hockey Registrations will be held:

June 5, 2010

and

June 12, 2010

**Locations to be
announced. Please
see the Sabattus Rec
website for updates.
You can also download
a registration form
and mail it to the
Sabattus Recreation
Club. Please note
"Field Hockey" on the
envelope.**

www.sabattusrec.com

**For more information please
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